Frédérick Castonguay

Chief Investment Officer

"Perseverance and rigor guide every decision I make, along with attentive listening to those around me, which is essential to fully understanding the issues and acting with precision. My background, enriched by diverse experiences, has enabled me to develop a broad perspective that is key to creating sustainable value. Driven by passion, I act with authenticity."

Experienced leader, Frédérick Castonguay supports teams responsible for alternative investments, public markets, and the financial management of the overall portfolio within the Desjardins Group Pension Plan (DGPP) division.

Frédérick Castonguay serves as Chief Investment Officer of the DGPP) where he is responsible for setting the investment direction and overseeing the implementation and monitoring of investment strategies for a portfolio exceeding $24 billion, diversified across multiple asset classes. The DGPP is the 6th largest private pension plan in Canada, with nearly 90,000 plan members.

With nearly 30 years of experience in institutional finance and leadership, Frédérick Castonguay joined the DGPP from Ardian, where he previously served as Managing Director, Investor Relations, and was also responsible for leading the firm's Montréal office. Throughout his career, he has held several senior strategic roles within leading organizations, including Chief Investment Officer at Blue Bridge, Senior Investment Manager, Pension Funds at Rio Tinto, and Director, Pension Fund Investments at Abitibi-Consolidated.

His diverse professional background, deep knowledge of institutional financial markets, and strategic vision are significant assets for the DGPP, particularly in a context where rigorous asset management and long-term value creation are central to the plan's mission.

Frédérick Castonguay holds a degree from Université du Québec à Montréal (UQAM) and is a Chartered Financial Analyst (CFA) charterholder.